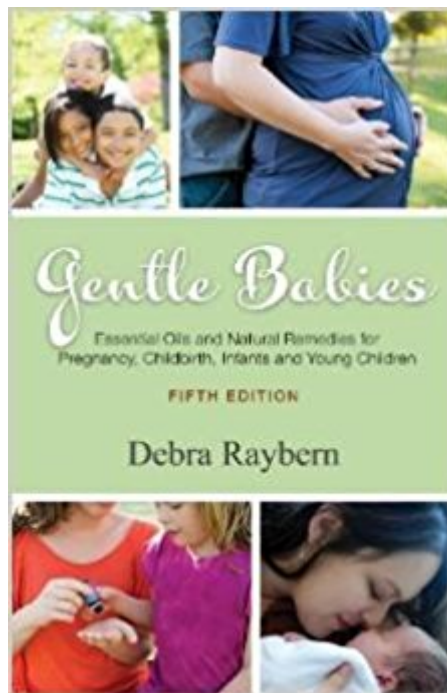


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# Gentle Babies Essential Oils And Natural Remedies For Pregnancy, Childbirth, Infants And Young Children



## Synopsis

Combining two decades of professional knowledge with tried-and-true techniques and first-hand testimonials, the author has compiled this insightful and easy to follow guide benefiting both experienced and first-time mothers. In addition, the book contains an introduction to Young Living therapeutic-grade essential oils and applications and provides safety information and a section on discerning the quality of essential oils. Every family taking proactive steps to better health should have this resource in their home library. "This is the first and only book we recommend specifically for mothers and expectant women. Every family needs this book." - Dr. David and Lee Stewart, authors of *Safe Alternatives in Childbirth*, *Five Standards for Safe Childbearing*, *Healing Oils of the Bible* and *The Chemistry of Essential Oils Made Simple*. "I recommend this book to everyone I know, especially those proactively supporting the health of their children and grandchildren. It is my hope that every household will own this book and every child may benefit from the information on the use of therapeutic-grade essential oils." - Jamie Hyatt, R.N., F.C.C.I., B.C.R.S., L.S.H.

TABLE OF CONTENTS: Acknowledgements Important Information Foreword Introduction: Precautions, When to Seek Medical Attention, What are Essential Oils?, How to Use Essential Oils Loss of Pregnancy Balance Guide Nutrition Guide Birth Kits Dr. Mom's Wellness Chest Testimonies About the Author Reference and Resource List Resource Guide Order Young Living Products Index Notes

## Book Information

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## Customer Reviews

Love this book. It is a must have for every oily mommy. I have used many of the suggestions and I am happy with the results. I am a mom of 6 expecting my 7th and oils are my "go to" for just about

everything ( including for our 50+ goats).Young living oils are my favorite.Great resource!

I am a doula and have found this book to be super helpful for helping my clients during and right after childbirth!

I have this book and I've given it to numerous people. It's my "go-to" book anytime I have a question about the use of essential oils for babies, children and expectant moms.

This is a brand specific book, loaded with unsafe recommendations. As a certified aromatherapist, I highly recommend doing your due diligence. Especially, when dealing with children, & pregnant and nursing mothers. It is imperative to do unbiased research. I recommend "Natural BabyCare: Pure and Soothing Recipes and Techniques for Mothers and Babies" by Colleen K. Dodt - OR -"The Complete Aromatherapy and Essential Oils Handbook for Everyday Wellness" by Lora Cantel and Nerys Purchon ( Up to date on safety. She also has an update on her website in PDF) Has info on carrier oils. Tons of common ailments and a little on some herb and natural care recipes.

This is a must have for essential oil lovers with babies and kids- or moms to be! It has awesome information!

Great book to have when using Young Living Essential Oils. Has really helped my family!!!!

doesn't really provide much information in my opinion. Lacks clarity and isn't that easily searchable...stories scattered all over which you have to decipher which symptom relates to your issue. I personally just haven't felt comfortable taking the suggestions or advice in this book on my pregnant self or my kids.

This book was suggested to me so I didn't do the research before purchase. I didn't realize it was based on young living essential oils. I don't usually hold to their recommendations as they are more liberal with use and I tend to be more conservative, especially when it comes to little ones. This one will be returned.

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